



# Kata: A Pattern for Continuous Improvement and Coaching in Healthcare



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- Speakers and planners are required to make disclosure of any relevant financial relationships with commercial interests.
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*The speakers and planners for this educational activity have made proper disclosure and have no relevant financial relationships that exist now or in the past 12 months.*

- All participants – please complete a paper evaluation. Your feedback is valuable to us!
- To receive CE credit or an attendance certificate, please complete a brief, online “CE evaluation.” Attendance at the entire learning activity is required to receive CE credit. CME, CNE, ACHE credits, or a CME attendance certificate are available to learners.



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## Continuing Education Information

### Physicians

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Wisconsin Medical Society through the joint providership of MetaStar, Inc. and Catalysis. MetaStar, Inc. is accredited by the Wisconsin Medical Society to provide continuing medical education for physicians.

MetaStar, Inc. designates this live activity for a maximum of 6.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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MetaStar, Inc. is an approved provider through the California Board of Registered Nursing, Provider #CEP 17010.

MetaStar, Inc. is an approved provider with distinction of nursing continuing professional development by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

6.50 contact hours will be awarded for successful completion.

MetaStar, Inc. is the approved provider jointly-providing CNE for this learning activity.

### Health Care Executives (ACHE Members)

By attending "Kata: A Pattern for Continuous Improvement and Coaching in Healthcare" offered by MetaStar in collaboration with Catalysis, participants may earn up to 6.50 ACHE Qualified Education Hours toward initial certification or recertification of the Fellow of the American College of Healthcare Executives (FACHE) designation.

### Certificate of Completion

Available to all participants

## **Who Should Attend**

This session is designed for clinical and nonclinical leaders across the healthcare industry.

## **Learning Outcome**

Participants will be able to identify patterns (Kata), explain how these patterns link to scientific thinking and practice (A3), and use basic routines for doing both rapid cycle experimentation and the critical coaching routine. Outcomes will be measured by a brief follow up survey to participants.

## **Overall Objectives**

Following the completion of this learning session, participants will be able to:

- Review the A3 scientific thinking pattern.
- Describe and demonstrate a pattern for rapid cycle experimentation.
- Learn and practice a pattern for coaching to rapid cycles of experimentation.
- Employ and articulate the importance of setting short-term target conditions in alignment with a larger challenge.
- Create a plan of how to integrate these patterns into your improvement journey.

## **Presenters**

Karen Flom and Theresa Moore

## **Special Needs**

If you have needs under the Americans with Disabilities Act, please contact [continuing-ed@metastar.com](mailto:continuing-ed@metastar.com).

## **Payment/Refund Policy**

Please see registration link for payment information and cancellation policies.